

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

ACTIVITIES OF DAILY LIVING

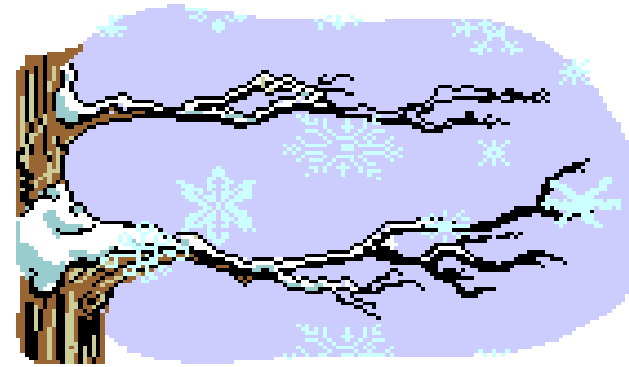
7:00am Rise & Shine	1:00pm - 5:00pm Activities
8:30am Breakfast	5:00pm - 6:00pm Dinner
10:00am Morning Stroll	6:00pm Stroll
10:30am Activities	7:00pm Activities
12:00pm Lunch	



January 2012

Tall Oaks Assisted Living

Rose Memory Care Center



Any additions or changes will be posted on the daily calendar

1 *New Year 2012*

10:30 Puzzles and Games
 11:30 Stretch and Tone
 1:00 Water Cooler News
 1:30 New Year Traditions
 2:30 Basketball
 3:00 New Year's Party
 4:00 Name That Tune
 7:00 Moonlight Music



2
 10:30 Puzzles and Games
 11:00 Finishing Touches
 11:30 Balloon Toss
 1:00 Water Cooler News
 1:30 Mad Libs
 2:30 Sit and Be Fit
 2:30 Favorite Things
 3:00 Season Sensations Social
 3:30 Afternoon Spa
 4:00 Name That Tune
 7:00 Moonlight Music

3
 10:30 Puzzles and Games
 11:30 Balloon Volley
 1:00 Lotions and Scents
 1:30 Trivia A to Z
 1:30 Flower Arranging
 2:30 Music and Movement
 3:00 Scenic Drive
 3:00 Chocolate Heaven
 4:00 Rhythm Band
 7:00 Moonlight Music

4
 10:30 Puzzles and Games
 11:30 Shake, Rattle and Roll
 1:00 Water Cooler News
 1:30 Mind Joggers
 1:30 Fabric Art
 2:30 Spice of Life Social
 3:00 Bowling
 3:00 Roy Rodgers Happy Trails Theatre
 4:00 Finish The Song
 7:00 Moonlight Music

5
 10:30 Puzzles and Games
 11:30 Paddle Balloon
 1:00 Nature's Best
 1:30 Backyard Birds and Trivia
 1:30 Craft: Chinese Lanterns
 2:30 Sit and Be Fit
 3:00 Tall Oaks Live
 3:00 Taste Of The World Social
 4:00 Sing Along
 7:00 Moonlight Music

6
 10:30 Puzzles and Games
 11:30 Stretch and Tone
 1:00 Senses Alive
 1:30 Hidden Oaks Talk: Mammals
 2:30 Music and Movement
 3:00 Fantastic Fridays
 4:00 Musical Memories
 7:00 Moonlight Music

7
 10:30 Jewish Service
 10:30 Puzzles and Games
 11:30 Hymn Sing
 1:30 History Of The Magi
 1:30 Cooking: Chocolate Mousse
 2:30 Shuffleboard
 3:00 Little Christmas Party
 4:00 Strolling Guitar
 7:00 Moonlight Music

8
 10:30 Puzzles and Games
 11:30 Stretch and Tone
 1:00 Water Cooler News
 1:30 Name That Memory
 2:30 Basketball
 3:00 Football
 3:00 Christian Fellowship
 4:00 Name That Tune
 7:00 Moonlight Music

9
 10:30 Puzzles and Games
 11:00 Finishing Touches
 11:30 Balloon Toss
 1:00 Water Cooler News
 1:30 Nostalgia
 2:30 Sit and Be Fit
 2:30 Favorite Things
 3:00 Dance with Brian Rudolph
 4:00 Name That Tune
 7:00 Moonlight Music



10
 10:30 Puzzles and Games
 11:30 Balloon Volley
 1:00 Lotions and Scents
 1:30 Sing with Jeff Pace
 2:30 Music and Movement
 3:00 Scenic Drive
 3:00 Chocolate Heaven
 4:00 Rhythm Band
 7:00 Moonlight Music

11
 10:30 Puzzles and Games
 11:30 Shake, Rattle and Roll
 1:00 Water Cooler News
 1:30 Wit and Wisdom
 1:30 Cards For The Troops
 2:30 Spice of Life Social
 3:00 Bowling
 3:00 John Wayne: American Legend
 4:00 Finish The Song
 7:00 Moonlight Music

12
 10:30 Puzzles and Games
 11:30 Paddle Balloon
 1:00 Nature's Best
 1:30 Trivia Challenge
 1:30 Fabric Art
 2:30 Sit and Be Fit
 3:00 Tall Oaks Live
 3:00 Taste Of The World Social
 4:00 Sing Along
 7:00 Moonlight Music

13
 10:30 Puzzles and Games
 11:30 Stretch and Tone
 1:00 Senses Alive
 1:30 Finishing Lines
 1:30 Art with Antonella
 2:30 Music and Movement
 3:00 Fantastic Fridays
 4:00 Musical Memories
 7:00 Moonlight Music

14
 10:30 Puzzles and Games
 11:30 Hymn Sing
 1:30 Reminisce
 2:00 Ladies Auxilliary Senior Prom
 4:00 Strolling Guitar
 7:00 Moonlight Music

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Water Cooler News 1:30 What Comes Next? 2:30 Basketball 3:00 Football 3:00 Christian Fellowship 4:00 Name That Tune 7:00 Moonlight Music	16 <i>MLK Jr. Day</i> 10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Water Cooler News 1:30 MLK History/Trivia 2:30 Sit and Be Fit 2:30 Favorite Things 3:00 Season Sensations Social 3:30 Afternoon Spa 4:00 Name That Tune 7:00 Moonlight Music 	17 10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Lotions and Scents 1:30 Sing with Stephen Gellman 2:30 Music and Movement 3:00 Scenic Drive 3:00 Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music	18 10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Water Cooler News 1:30 Table Talk 1:30 Dragon Art 2:30 Spice of Life Social 3:00 Bowling 3:00 Once Upon A Time In The West 4:00 Finish The Song 7:00 Moonlight Music	19 10:30 Puzzles and Games 11:30 Paddle Balloon 1:00 Nature's Best 1:30 Movie Stars 1:30 Chinese Lanterns 2:30 Sit and Be Fit 3:00 Tall Oaks Live 3:00 Taste Of The World Social 3:00 Catholic Visit with Fr. Paul 4:00 Sing Along 7:00 Moonlight Music	20 10:30 Puzzles and Games 11:30 Stretch and Tone 1:30 Senses Alive 1:30 World Religions 2:30 Music and Movement 3:00 Fantastic Fridays 4:00 Musical Memories 7:00 Moonlight Music	21 10:30 Puzzles and Games 10:30 Catholic Rosary 11:30 Front Porch Singers 1:30 Winter Ideals 1:30 Juicing with John 2:30 Ball Roll 3:00 Piano Tea 4:00 Back In The Day 7:00 Moonlight Music
22 10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Water Cooler News 1:30 Trivia Treasury 2:30 Basketball 3:00 Football 3:00 Christian Fellowship 4:00 Name That Tune 7:00 Moonlight Music	23 <i>Chinese New Year</i> 10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Water Cooler News 1:30 Clue Trivia 2:30 Sit and Be Fit 2:30 Favorite Things 3:00 Chinese New Year Party 3:30 Afternoon Spa 4:00 Name That Tune 7:00 Moonlight Music 	24 10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Lotions and Scents 1:30 Science: Butterfly Nursery 1:30 Armchair Travel: Chinatown 2:30 Music and Movement 3:00 Scenic Drive 3:00 Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music	25 10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Water Cooler News 1:30 Shake Awake A Taste 1:30 Cards For The Troops 2:30 Spice of Life Social 3:00 Bowling 3:00 Movie: 3:10 To Yuma 4:00 Finish The Song 7:00 Moonlight Music	26 10:30 Puzzles and Games 11:30 Paddle Balloon 1:00 Nature's Best 1:30 Presidential Trivia 1:30 Pen and Ink 2:30 Sit and Be Fit 3:00 Tall Oaks Live 3:00 Taste Of The World Social 4:00 Sing Along 7:00 Moonlight Music	27 10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Senses Alive 1:30 Precious Moments 2:30 Music and Movement 3:00 Fantastic Fridays 4:00 Musical Memories 7:00 Moonlight Music	28 10:30 Puzzles and Games 11:30 Hymn Sing 1:30 Remembering The 1940's 2:30 Target Ball 3:00 Coffee Break 4:00 Strolling Guitar 7:00 Moonlight Music
29 10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Water Cooler News 1:30 Shake Out The Truth 2:30 Basketball 3:00 Football 3:00 Christian Fellowship 4:00 Name That Tune 7:00 Moonlight Music	30 10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Water Cooler News 1:30 What Do You Know? 2:30 Sit and Be Fit 2:30 Favorite Things 3:00 Season Sensations Social 3:30 Afternoon Spa 4:00 Name That Tune 7:00 Moonlight Music	31 10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Lotions and Scents 1:30 Famous Places 1:30 Flower Arranging 2:30 Music and Movement 3:00 Scenic Drive 3:00 Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music	<h1>JANUARY</h1>			

